Your Problems

By Ann Landers

Dear Ann Landers: I'm a foreigner and hope you will forgive the mistakes in this letter and print it anyway. Your daily column fascinates me, but sometimes I wonder about your advices. I have not yet decided in my mind if this is the "American approach to life," or if it is your personal mid-Victorian point of view.

When a woman complains that her husband is tired and not interested you offer what seems to me a strange suggestion. The woman may say it like this: "My husband doesn't kiss me anymore. He wants only to sit in the chair and snore." You say then, "Tell him to see a doctor." Why should he see a doctor, Mrs. Landers? In our country we have three world for what is wrong: "Cherchez La Femme."

It is the same the world over. When a man is "tired" and not interested at home it is because he is interested elsewhere. Why are you not more realistic, please?—VIVE LA FRANCE

Continental View

Dear Vive: Thank you for your continental point of view. I agree when a man snores in his chair and shows no interest in his wife the reason may be "la femme". However, the fact that he is at home (though snoring) is a piece of evidence in favor of the defendant.

Even in France men can be tired from the daily pressures of beating out a living in the business jungle. Anxiety and tension can take more pep out of a husband than a curvy blonde. Continued tension is punishing and has been known to produce physical damage. So it is not unreasonable to suggest that when a man is exhausted that he may need a doctor instead of a lawyer.

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P. S. To Male Readers Only: Frequently men complain that I always support the women's point of view and never give the men a break. I'm keeping this reply close at hand to fling into the teeth of the next male ingrate who accuses me of being a militant manhater.—ANN LANDERS

Not Same as Home

Dear Ann Landers: My parents separated several months ago and I was placed in a foster home by the court. I know this is strictly a financial deal for the people I live with. They are very nice to me, but it isn't the same as living at home.

There was a lot in the paper when my folks split up because they had a trial and a couple of people went to jail. The kids at school have been working hard to make me feel "accepted".

I've been invited to dinner many times by girls in my class and I would like to reciprocate. But I hate to ask these people I live with because I know it isn't their duty to entertain my friends. I'm getting uncomfortable about accepting invitations when I cannot pay them back. Can you suggest something?—GUADELUPE

★ ★ ★

Dear G: Tell the people with whom you make your home that you would appreciate the privilege of asking your friends to dinner—one at a time. Make it plain that you don't expect a special menu or anything out of the ordinary. Explain you merely want to invite your friends to share whatever is on the table.

Offer to help with the dishes and set the table as part of your contribution. I'll bet the reply will be a warm "yes".

Confidentially to ALL AMERICAN: Just because you don't approve of this man's conduct with your ex-wife, doesn't mean he's an "undesirable alien". Don't toss these explosive labels around irresponsibly or you could find yourself with more trouble than you need. This is a "free country" for adopted sons and daughters too.

To learn how to keep your boy friend in line without losing him, send for Ann Landers' new booklet, "Necking and Petting — And How Far To Go," enclosing with your request 20 cents in coin and a large, self-addressed, stamped envelope.

(Ann Landers will be glad to help you with your problems. Send them to her in care of stamped, self-addressed envelope.)

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The Search for Perfection in Marriage

Those "little hurts and disappointments" are the *greatest threats* to marital happiness. But you *can* have a happier marriage! April Reader's Digest shows you how to practice a delicate art – how to keep many mysterious forces in balance, with rewards that will last a lifetime. Get your Reader's Digest today: 36 articles of lasting interest.

A Charmer in Wool

This charmer in pure wool combines color and stripes for a striking effect. The bold horizontal stripes are grouped in two colors, juniper green and gold with white and gold picked up in the tightly-knit skirt. Many similar outfits may be seen at local stores—a perfect casual, springtime outfit.

A LOVELIER YOU

By Mary Sue Miller

SUPER SOUP FOR DIETERS. When you're reducing, soup is an ideal first course. It serves to trim your appetite to size and that keeps you from craving overlarge portions and second helpings. An assist to dieting, if there ever was one!

Of course, your soups must be in the low-calorie class. But as choices that meet the specifications are limited, they can become repetitious. And variety, is the spice that makes a diet palatable.

Using some ingenuity, though, you can concoct low-calorie variations of high-calorie soups and without losing the taste thrill. To prove the point, this recipe for Super Mushroom Soup:

Assemble - (10½ oz.) can beef consomme, ½ cup "quicker than instant" nonfat dry milk, water to fill soup can, 1 (3 oz.) can sliced mushrooms, ½ teaspoon parsley flakes, ¼ teaspoon onion salt. Blend consomme and nonfat dry milk together in saucepan. Add water, gradually stirring until smooth. Add remaining ingredients, mix well and heat to the boiling point.

The recipe makes two generous servings for a cheap 59 calories per serving. Tastes like a million!

PAINLESS REDUCING

To lose up to 10 pounds without a struggle, send for my leaflet, "Painless Reducing." No rigid dieting, no heavy exercising, no discomfort! All advice is sane, safe, easy-to-take and effective. Address your request to me in care of this newspaper, enclosing a large, self-addressed, stamped envelope and five cents in coin!

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Liberal Women

Delegates from the local Liberal Women's Forum were elected at a recent meeting to attend the provincial meeting of the Association.

They are as follows: Mrs. J. L. Gates, Mrs. H. Ketchell, Mrs. Blair Reid, Mrs. W. Mortimer, Mrs. F. Decker, Mrs. I. Findley, Mrs. J. Nelson and Mrs. H. I. MacKenzie with alternates Mrs. S. W. Kendall and Mrs. E. Varney.

The next meeting of the forum is on April 17.

Rothnie-Gray

Bridal Cake Cut With Dad's Sword

At a recent reception in Holyrood House, newlyweds Mr. and Mrs. R. C. Rothnie cut their wedding cake with a naval sword belonging to the bride's father.

Proposing the wedding toast was Mr. R. A. Myles of Lynn Creek, B.C., who was best man at the wedding of the bride's parents.

Church of St. Andrews, HMCS Naden, was the setting for the ceremony uniting Miss Wanda Alexia Gray and Ronald Coutts Rothnie.

The bride is the daughter of Lt. and Mrs. Alexander Gray, 17 Comerford Street and the groom is the son of Mrs. W. C. C. Rothnie, Vancouver and the late Mr. Rothnie.

The Rev. H. Todd officiated at the evening ceremony.

Given in marriage by her father, Miss Gray chose a full-gown en-train with a scoop neckline, lace trim on the bodice and front panel. Her chaple length veil was held by a coronet of pearls and rhinestones. She wore her maternal grandmother's pearls and carried red roses with white hyacinths.

All her attendants were dressed alike in full-skirted emerald green nylon tulle, dotted with deeper green and trimmed with velvet ribbon. Their hats were white feathered bandeaux and they carried yellow roses and white carnations.

They were Miss Donna McLeod, Miss Anne Eyolfson, Miss Isabelle Leggett and Mrs. P. T. Glynn, all of Victoria.

Best man was Mr. Darryl Moodie of Vancouver with ushers Mr. Norman Brown, Mr. Peter MacKay, Mr. Ray Johnson also of Vancouver.

Lazo

LAZO — A pot luck supper is being planned by the Lazo Women's Institute for April 9 in the Institute Hall. Institute members are invited from Courtenay, Dove Creek, Black Creek, Campbell River, Hornby Island and Denman Island and are asked to bring a short play to perform during the evening.

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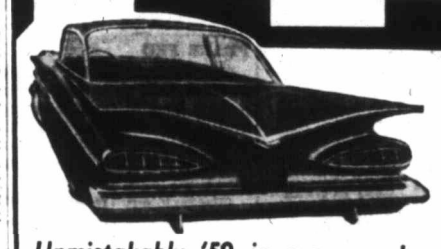

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